

Menu Selector

Salads

Leaf Salads

Baby Leaf Salad
Mixed Leaf and Herb Salad
Peppery Leaf Salad

Light Dressings

Sweet and Sour Cucumber with Dill
Cherry Tomato with: Basil, Chive or Spring Onion
Beetroot and Fresh Mint
New Potato with Herbs and mustard dressing
Avocado Salad
Orange, Rocket and Red Onion with Cumin
Mushroom and Radish with Watercress
Mixed Beans with Lemon and Mustard
Chick Pea with Onion, Coriander and Cumin
Red Cabbage with Peppers
Nicoise
(Tuna, Potato, Fine Beans and Boiled Egg)
Oriental
(Bean sprout, Onion, Peppers and Orange with a Sesame and Ginger Dressing)
Broad Bean and Bacon Salad
Plum Tomato, Mozzarella and Basil
Spicy Caribbean Potato Salad
Roasted Pepper and Lima Bean
Char grilled Sweet Potato and Aubergine with a Mint and Lemon Dressing

Mayonnaise Dressed Salads

Coleslaw
Coleslaw with Cheese
New Potato with Chives or Garlic and Herbs
Waldorf
Pasta with Curried Mayonnaise and Pineapple

Rice, Pasta and Couscous

Fruity Rice Salad
Curried Rice Salad
Pasta with Peppers and Herbs
Pasta with Sun blushed Tomato, Red Onion and Basil
Mint Tabouleh (couscous)
Bulghar Wheat with Roasted Vegetables
Pasta with Wild Mushrooms